

A NOTE FROM LOAVES & FISHES / FRIENDSHIP TRAYS

It's So Much More Thank Food - Lynne

Lynne takes great pride in showing off her flower garden, flowers she says she had the energy to plant thanks to nutritious meals from Loaves & Fishes / Friendship Trays.

"It's more than food. It brings me peace of mind knowing that I'm going to eat good food today. The grocery store is only two miles away but for me it might as well be 200." said Lynne.

She shares that having limited mobility can be very isolating but the friendly knock at her door or check-in call from a volunteer gives her a sense of safety and security. It makes all the difference to know she has a back up.

The daily healthy meals have helped her lose 20 lbs and lower her blood pressure. She not only has more energy but also less worry, which she says has given her a better quality of life.

Your generous support through the Christmas Eve offering will put groceries and meals into the homes of thousands of Mecklenburg Co. neighbors just like Georgette and Lynne.



[providenceumc.org / outreach / christmaseve](http://providenceumc.org/outreach/christmaseve)